



Ethics and Spiritual Leadership

questions for reflection

- How long have your client/students been with you? How do they 'graduate' from your programs/teaching?
- How do you respond when a student or client has questions or doubts about your programs / offerings / teachings?
- How do you respond when someone – either within your sphere of influence or outside of it, criticizes your work and/or questions the premise of it?
- After people leave your group or work, how are they talked about to others? Are they ever offered as an example of someone who fell short?
- How familiar are you with Undue Influence, and are there conscious or unconscious ways there may be overreach within your organization?
- Do your programs/offerings/teachings promote independent and creative thinking? If so, how? Is this objectively obvious to your students, clients and anyone who may be interested?
- Does your work promote autonomy and discourage dependence? If so, how?
- Is there only one answer to common questions in your programs/offerings/teachings or are there many?



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questions for reflection (cont.)

- Are there secrets that only advanced students learn about your practice? If so, how do you present this to newer students? Is there a hidden “escalator of commitment” that influences people to stay longer than is truly healthy and helpful for their personal life situation (ie: spending beyond their means, divert their attention from their family or work)?
- Do you support the proposed legal definition of the word “Consent” as Freely Given Knowledgeable Informed Agreement? #FGKIA
- In what ways are you and your work held accountable? To whom, what and how? Do your students and clients know this? Do they know your own sources and teachers?
- How do you receive validation for the work that you offer? And how do you validate your students and clients?
- How do you handle praise or validation from students, clients and other influencers? What strategies/practices/techniques do you use to keep perspective on your role as an ethical teacher/leader?
- Do you allow students / clients to work for you without compensation in order to pay for your services?



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